#### 2017-2018 IHSA Rules Addendum

## **FIG Rule**

Skills with a red dot in the FIG code box may not be performed.

### FIG Rule 11

**Pommel Horse** 

All skills (except scissor-type and dismount) must be followed by a circling skill to receive value.

NFHS Rule I.E.4

General

No skill may be repeated for value.

#### NFHS Rule II.A

**Routine Construction Table** 

Routine Construction Table – 10.0 Maximum Score	
Presentation Start Value ("E" Score)	6.0
Floor Exercise, Pommel Horse, Still Rings, Parallel Bars & Horizontal Bar	
Execution Bonus	0.1 Awarded if execution deductions are 0.8 or less and all Element Group requirements are met.
Number of Skills Counted for Difficulty (Part of "D" Score)	8 (7 + dismount)
Maximum Difficulty (D) score	2.0
Difficulty Values for individual skills	A=0.1, B=0.3, C=0.4, D=0.5, E=0.6
Maximum Element Group	2.0
Start Value	(0.5 for Element Groups I, II, III.) (0.3 or 0.5 for Element Group IV)
Dismount Skill Value Required for Full Element Group IV Credit (0.5)	B value or higher dismount
Dismount Skill Value Required for partial Element Group IV Credit (0.3)	"A" value FIG dismount Exceptions noted in II - D - 3a, 5f, 6i

### NFHS Rule II.B.1.d Floor Exercise B value dismount on FX will not receive stick bonus.

NFHS Rule II.B.3.aStill RingsAll Element Group II and III "B""C" value or higher skills performed with a total of no more than 0.2 in<br/>execution without a single large deduction will receive 0.1 0.2 in bonus.

# NFHS Rule II.B.1 Floor Exercise

Remove 'Any flair through handstand' (II.B.1.c), and add EG III "D" or higher layout multiple salto will receive 0.2 in bonus

## NFHS Rule II.B.2 Pommel Horse

Remove all bonus except for handstand Dis. (II.B.2.a-h), and add EG II "E" or higher including "E" flop will receive 0.2 in bonus and "E" or higher EG III travel with 360+ turn will receive 0.2 in bonus

NFHS Rule II.B.3 Still Rings

Remove Giant and Press Hand w/o touching straps (II.B.3.c-d), and add EG II & III "C" value or higher skills will receive 0.2 in bonus if performed without a single large deduction

NFHS Rule II.B.5 Parallel Bars

Remove 'Any Giant swing backward with turns' (II.B.5.a), and add "D" or higher EG I will receive 0.2 in bonus and "E" or higher EG III will receive 0.2 in bonus

### NFHS Rule II.B.6

**Horizontal Bar** 

Remove (II.B.6.a-f)

Any "C" value Element Group II skill	
Any "D" value Element Group II skill	
Quintero to El-grip "E" value skill	
Any "E" or "F" value Element Group II skill (except Quintero to El-grip)	
Kovacs or higher	
"C" skill + "C" or higher value Element Group II skill in direct connection	

Add EG III - Any "D" or higher Adler skill will receive 0.2 in bonus